

# LIVING AN ABUNDANT LIFE

PART ONE

CULTIVATING YOUR HEART

Where Abundance Comes From

LUKE 8:4-15



# CULTIVATING YOUR HEART

**LUKE 8:4-5** [NRSV]

<sup>4</sup> When a large crowd was gathering, as people were coming to him from town after town, he said in a parable: <sup>5</sup> *“A sower went out to sow his seed, and as he sowed some fell on a path and was trampled on, and the birds of the air ate it up.”*

# CULTIVATING YOUR HEART

**LUKE 8:6-8** [NRSV]

*<sup>6</sup> “Some fell on rock, and as it grew up it withered for lack of moisture. <sup>7</sup> Some fell among thorns, and the thorns grew with it and choked it. <sup>8</sup> Some fell into good soil, and when it grew it produced a hundredfold.” As he said this, he called out, “If you have ears to hear, then hear!”*

# CULTIVATING YOUR HEART

## FOUR TYPES OF SOIL

### 1) THE PATH

*HEAVILY TRAVELED AND EXPOSED*

### 2) THE ROCK

*SHALLOW AND DRY*

### 3) THE THORNS

*INFESTED AND TOXIC*

### 4) THE GOOD SOIL

*FERTILE AND LIFE-GIVING*

# CULTIVATING YOUR HEART

*“ACTIVE LISTENING IS A COMMUNICATION SKILL THAT INVOLVES GOING BEYOND SIMPLY HEARING THE WORDS THAT ANOTHER PERSON SPEAKS, BUT ALSO SEEKING TO UNDERSTAND THE MEANING AND INTENT BEHIND THEM. IT REQUIRES BEING AN **ACTIVE PARTICIPANT** IN THE COMMUNICATION PROCESS.”*

*([verywellmind.com](http://verywellmind.com))*



# CULTIVATING YOUR HEART

**LUKE 8:9-10** [NRSV]

<sup>9</sup> Then his disciples asked him what this parable meant. <sup>10</sup> He said, *“To you it has been given to know the secrets of the kingdom of god, but to others I speak in parables, so that*

*‘looking they may not perceive  
and hearing they may not understand.’”*

# CULTIVATING YOUR HEART

**LUKE 8:11-13** [NRSV]

*<sup>11</sup> “Now the parable is this: The seed is the word of god. <sup>12</sup> The ones on the path are those who have heard; then the devil comes and takes away the word from their hearts, so that they may not believe and be saved. <sup>13</sup> The ones on the rock are those who, when they hear the word, receive it with joy. But these have no root; they believe only for a while and in a time of testing fall away.”*

# CULTIVATING YOUR HEART

**LUKE 8:14-15** [NRSV]

*<sup>14</sup> “As for what fell among the thorns, these are the ones who hear, but as they go on their way they are choked by the cares and riches and pleasures of life, and their fruit does not mature. <sup>15</sup> But as for that in the good soil, these are the ones who, when they hear the word, hold it fast in an honest and good heart and bear fruit with endurance.”*



# CULTIVATING YOUR HEART

## FOUR CONDITIONS OF OUR HEART

### 1) THE HARD HEART

*STOP WALKING IN THE WAY OF THE WORLD*

### 2) THE SHALLOW HEART

*ALLOW THE HOLY SPIRIT TO BREAK THROUGH*

### 3) THE DISTRACTED HEART

*ALLOW JESUS TO CHANGE OUR HEARTS*

### 4) THE OPEN HEART

*ABUNDANCE COMES THROUGH US, NOT FOR US*

A landscape of rolling green hills and golden fields under a soft, hazy sky. The foreground is dominated by tall, green grasses, while the middle ground shows a mix of green and golden fields. The background features rolling hills and a few distant trees under a pale, overcast sky.

# LIVING AN ABUNDANT LIFE

CULTIVATING YOUR HEART

NURTURING YOUR SPIRIT